

CONNECTICUT HARDCORE

SMORGASBORD RECORDS

NO IMAGE



Rat Race

Still Here

I always told myself I'd
stay young until I die
I'd never give up the fight
I'd stand fast and always try

CH: Im Still Here (x3)
I'm not going anywhere

It's true that times have
changed but we will
never give in
One thing remains the
same we'll stick together
through thick and thin

CH: Im Still Here (x3)
We're not going
anywhere



Rat Race

Wear a flannel suit and a high class tie
Reduced to a typical drone with no sight
Worn down expression on your face
Just another symptom of the rat race

CH: Rat Race
You're Never Gonna Win
Rat Race
You Can't Find The End

Walking around with
your head in a daze
Looking for the cheese
at the end of the maze
Just can't win at their
corporate games
Wake up puppet,
that's your only name

CH: Rat Race
You're Never Gonna Win
Rat Race
You Walk In Quicksand
Rat Race
You're Never Gonna Win
Rat Race
You Can't Find The End

Repeat 1st verse

Rat Race
You Can't Find The End
Rat Race
You Walk In Quicksand

Counting Coup

We treat the rich and famous
like they're completely
made of gold
But in reality, they're just
like you and me
So get yourself a clue and know

Oh my God, he touched me
Give me a fucking break
You're dropping names,
totally lame
You're just a shallow fake

Counting Coup (x4)
Fuck You! (x4)

Repeat 1st verse

Chorus

(Breakdown)

You're! Counting Coup (X2)
You're!



American Idle

There's nothing wrong
with watching tv
But it shouldn't replace
your reality
Like everything in moderation
Don't be a puppet or
a zombie nation

Addicted!
Enslaved by cathode rays
Brain washed!
Do what the adverts say
Tune In!
And substitute reality
Zone Out!
Another couch fatality

What show to watch,
you can't decide
You plop down on the couch
when you could be outside
Turn off your brain,
turn on the tube
Who needs to think
when it's plugged into you?

Repeat Chorus

You are the American Idle! (x4)

Nutmeg United

Going to shows isn't quite the same
Kids hang in the parking lot
the scene is rather lame
What happened to the days
when kids would sing along?
What happened to the passion
once held in a song?

CH: We need Nutmeg United
A United Nutmeg State
We need Nutmeg United
Not a divided Nutmeg State...No!

You post on message boards
and hang out on Myspace
But when it comes to live shows,
we'll never see your face
The 1st one to complain
that there is nothing to do
Well my friend, you should see,
the problem lies in you

CH: (x2) We need Nutmeg United
A United Nutmeg State
We need Nutmeg United
Not a divided Nutmeg State...No!

Mosh!

CH: (x2) We need Nutmeg United
A United Nutmeg State
We need Nutmeg United
Not a divided Nutmeg State...No!

Nutmeg United... Now!

Victims & Volunteers

Pour that swill down your throat
It was your own choice and you got sick
No one made you drive like a jerk
You earned that ticket,
you're suck a prick
No one twisted your arm
to quitting school
your life is going all down hill
No one put that fast food in your mouth
No one controls your own free will

There are no victims,
there are only volunteers
You made your bed now lie in it
and dry your lousy tears
There is no one to blame,
no one but yourself
Take responsibility and
don't blame someone else

Victims! Volunteers! (X2)

Repeat 1st verse

Chorus

Breakdown

The choice you make is yours!



We Don't Need

Step back take time
before you make that leap
Always try to hold onto
what we hold so deep
Caught in the wind,
you wished for better days
Now you've moved along
and the memory fades

We don't need your advice
To get through our own lives
We don't need the abuse
There can be no excuse

Hold on for the choices made
Never work out in hindsight
But the intent was true
and we're older too
Be proud of how much we gave

Chorus

We Don't Need! Your Advice!
To Get Through! Our Own Lives!

Friends For Life

Wading through the troubles of everyday life
And striving to survive, I feel it deep inside
The ways that we part, always insincere
But I won't forget the friends I've made here

People come and go
it's like a double-edged knife
The friends I've made here, I'll have for life!

Repeat 1st verse

Chorus

People come and go
it's like a double-edged knife
Friends like you, I'll have for life!
People come and go
it's like a double-edged knife
Friends like you, friends for life!

Friends for life! (X4)





No Image

You label me and I reject you
Another stupid thing
people like to do

CH: No Image! (x2)

Deep down inside
we are all the same
Despite all the labels
a name is just a name

CH: No Image! (x2)
NO!

CH: No Image! (x4)

Spoken word

No Image No!

Media Control

The truth, or so they say
Between the lines on a given day
Gray area kept from you and me
It's all designed to confuse

It's time (It's Time)
Media control
It's time (It's Time)
To regain control

New mandarins, they pull the strings
Their officers and their underlings
Manipulate both you and me
This machine devours souls

Chorus

Breakdown

Chorus



Thank You!

Gary "Chops" MacConnie, Matt Norman, Tom Boudreau, Craig Bartimole, Craig Gilbert, Joe Snow, Ronny Solano, Gagyí Attila and Honest For Truth Records, Paul and Warren at Cafe 9, Jan Hering, Scott MacKenzie, Katie "Vicious" Zold, Eric Bruce, Kevin Palisi - Mandatory Feedback, "Union" Sean McCranor, Mark Maturo and JL Mud - Our Basement Gives You Night Terrors, Joaquin Gouin, Bob Slam, The Elm City Scooter Club, Malcolm Tent, Shandal's, Rudy's, Broken, Black Noise Scam, Kill Boys, Bad Lieutenants, Drago, Voice Or No Voice, Clusterfuck, The Pist, Psycho, Meriden kids, Government Re-Issue, Up Front, Fired Up, Symbionts, Retching Red, Damon Lucibello, Olde York, Darkbuster, Soul Reapin' 3, American Speedway, La Crisi, Strength Approach, Carlos Wells, New Haven Advocate, Robert DeRosa - Homegrown WESU, Dennis - Fat City Screen Printing.

No Image is

Toby Hampp on vocals | Mike Driggs on guitar
Jeff Terranova on bass | Kevin MacKenzie on drums

* Gary "Chops" MacConnie played guitar on these recordings

(Hidden Tracks: 11 Fa-Q, 12 I Don't Wanna Hear It (Minor Threat) and 13 Fa-Q2)

Layout by Ronny Solano

Photos by Michelle Terranova, Craig Gilbert, Katie Zold and Danielle Allen

Back up vocals by: No Image, Craig Bartimole, Craig Gilbert and Joe Snow

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Engineered by: Tom Boudreau

Produced by: Jeff Terranova and No Image

Mastered by: Chris McCarvill @ Skypod Studio

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