



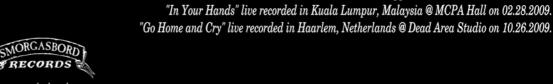
PASSING THE BLAME
MISGUIDED YOUTH
IN YOUR HANDS
THROUGH THE VALLEY
TAKE BACK YOUR SHIT
YOU'LL GET YOURS
CLUELESS
PROVING SHIT

BREAK OUT OF MY LIFE
FREE?

NEW IDOL
LABELED
ANOTHER NIGHT, A NEW CATCH
FAKE FRIEND (LIVE)
IN YOUR HANDS (LIVE)
GO HOME AND CRY (LIVE)

"Fake Friend" live recorded in Manila, Philippines @ Ten02 Club on 02.22.2009.

Recorded at Revolversound Studio, Budapest, March.07-08. 2010. Vocals and backvocals tracked on March 12. 16. Mixed and mastered by Ferencz Zsolt, Csonti and KisG Photos: Front and back by Milan (SxI Photowebzine) Front album cover art by Martika (Vasmacska Tattoo Saloon)



# POSITIVE MOTIVATION CREV

### PASSING THE BLAME

You're the victor 'cos you pretend to be strong While deep inside guilt and dissapointment remain Why? Why look for a scapegoat for your own weakness? Blaming everyone else and bringing them down

You're not a man 'cos i can't see your face You can't stand your ground but hide behind your little shell But i pray you don't break - we know you can't bear the blame Can't hold a mirror in front of your ashamed mask You made this choice, made this choice, chose this way Passing the blame Shifting it away

### MISGUIDED YOUTH

Whatta fuck's wrong with the youth? What kinda disease has snatched their brain? There's no growth in the system, only daily violence Where's a real teacher? Where's a good parent? Where's a sane finger pointing in the right direction?

Whatta fuck's wrong with the youth? Misguided Youth

How far can they strain the border of their rights? How can they truly appreciate freedom? And think they respect life? Where's a sane finger pointing in the right direction?

### IN YOUR HANDS

Building your life - It's In Your Hands Positive vision - It's In Your Hands Screaming for the future - It's In Your Hands Always have solutions - It's In Your Hands

Why wait for tomorrow - do it today! Why Tomorrow? Just do the best you can

Meaningful life - It's In Your Hands Strengthen Yourself - It's In Your Hands Free from strain - It's In Your Hands Firm foundation - It's In Your Hands

We'll Always Have a Chance!

In Your Hands In Our Hands (2x)

### THROUGH THE VALLEY

Now i know...

Cos I've been through it all Struggled through the valley The burden of my lies and confessions The burning truth of revelation

All of it I'll admit, and more Bow my head and truly say -I'm sorry! I'm naked - everything is revealed But I know in the end There's nothing

 $No,\ nothing\ to\ worry\ about$ Cos I've got myself

TAKE BACK YOUR SHIT

You're full of so much fucking hate - your rage fucking burns within you! So much shit in your head, you don't get the things you do Don't think there's no consequences, and don't think you'll get through There'll always be a strong reaction, truth is an iron fist that'll break you, fool.

Take it back, take it back Take back what you did, take back what you said

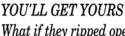
Set this shit straight right now or you'll never fuckin' understand Only a few with your tough guy shit, but we're 100 who truly stand Don't think there's no consequences, and don't think you'll get through There'll always be a strong reaction, truth is an iron fist that'll break you, fool.



What if they tore off your skin - just like you do Injected in your brain - just like you do You Human Chauvinist scum - you're gonna cry, too - and Hard!

And you're gonna be terrified We'll see the fear in your eyes Cos you realize you're gonna die

Good riddance, asshole!



What if they ripped open your heart - just like you do

So fucking terrifing

Rot in fucking hell!





I'll blame you - You'll blame me Maybe we were both dickheads But we're not the same It's time to look forward Not tear your old wounds open again You can't keep up with this shit, man

How do you make a distinction You're so fucking clueless Want to build your reputation? Then quit this fucking game

You have to move on, move ahead

What da fuck's goin on? You're still mad at me I thought we were over this bullshit But you keep attacking me Stop fucking crying, and just think for a while Don't blame me for your childish shit Ask yourself "Is this right?" Ask, Ask, is this really right?



# PROVING SHIT

The world of keeping promises is fragile like reed
'Cos the winds of change might brake it in a second, thats the way of nature
Yet you are still stubborn and fight against the grain
And this will lead you to the false belief: "I will show them!"

Instead of proving shit to others try worrying about yourself

# BREAK OUT OF MY LIFE

Born as one with nature, innocent and pure Starting with a clean state - and truly free Dawn of my soul, blessed by virtue from the start But we can never stay so clear... as when we were born

Corrupted as we grow, raised through misinformation No education, just manipulation, only thinking we're in control Thousands of years of betrayal and exploitation shaping my mind But to edify and purify, I'll stand up - and Break Out!

I'll Break Out! Of My Life! We learned, we grew, we experienced a lot through days, weeks, months and NOW years!
Changes happened and always will, that's the way of human nature as we follow our path.
The path of self-realization. We cry, we laugh, we suffer - and yet we also have happiness.
We express our emotions, to the world.

You may judge, you may be influenced, I have said the words that came from heart!

I fought but moved ahead. I see animal torture, sex-exploitation, misguiding of our youth in this world.

I went through tough times, crossed the valley of my falseness and prayed for a future, a future bireaking out of my life to merge into the Nature, to where I always belonged!

All songs written by Motivation 2008 - 2010. Live song number 14-15, guitar played by Madar (HxT), bass played by Nemo. Live song number 16 bass played by Nemo. Lyrics by KisG, edited by Mike Bullshit of GO!

Intro for the song "Break Out Of My Life" by Ian McKaye (Dischord Records) from a telephone interview, conducted by KisG in January '08.

Front cover drawing by Martika (Vasmacska Tattoo) Cover designed by KisG

Backvocals are: Ricsi, Daddy, Gabor, Sanyi, Balazs, Csonti, Faresz, Csirke, Robi, and sometimes KisG

Photos by Milan SxI Photowebzine, Mister\_A, Csonti, Tomi from Krsko/Slovenia, THANX!!!

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Thank you so much for everyone who help and support the band! You know who you are!
Thank all the promoters around Europe and South East Asia, and everyone who made our shows possible.
Thank all the fanzines, bands around the world we played and gonna play with!

Motivation is drug-free, non-smoke, alcohol -free, vegetarian, anti-nazi, anti-sexist, anti-one night stand. So, call us whatever you want!
We support Animal Care!

FREE?
You think you're free!
But are you really free?
I say I'm free!
Am I really Free? NO!

What do we mean when we talk about "Freedom"?
We may have un-chained one hand
But the other is still shackled
And what we do, what we say, our emotions
Live on, longer than we thought

Do you really think you are free When you're just a slave to obsession This attitude and these lies - (they) lead to no conclusion An imaginary world (to live in), tell me - what'd you build that for? Being truly free - It's another state of mind!

So tell me - how can you think - You are free? You are Not!

## NEW IDOL

They inspired you and you fell in love drank their words And they flowed through your veins, You followed blindly, followed their cause Fell into your own trap, 'Cos you thought they were Gods You're a puppet like so many others, Not yourself, Your - Perfect - Idol!

Your new idol Is a fuckin doll Your new idol You just follow

You're not, not yourself, just a reflection of someone else Your new idol for today, discarded tomorrow What you need to sleep through the night in fuckin peace To realize this in the morning, And to live and fucking let them live.

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www.smorgasbordrecords.com www.myspace.com/smorgasbordrex

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LABELED
Call it a religion
Or call it an institution
Call it a constant lie
Or knowledge of a supreme high

But - Where are you? I mean really you, and not that labeled guy Not with that clouded mind

Call it a movement
A set of beliefs to follow
Or call it a shallow lie
What do these "rights" mean?
Are you satisfied?

Really you - Yes you, Really you (and) Not that labeled guy!

## ANOTHER NIGHT, A NEW CATCH

A new day, another night, ready for a new catch
A man's mind is fucked with lust
He can't think, and he can't see
Cause his cock is filled with blood
He don't respect and doesn't get
A female body is not a flesh
He doesn't care about her feelings too
Just lying to get her into bed

So, there's she comes, a beautiful one
The queen of the night
She dressed up nice with a fair make up
Along with her friends
She gets the man's lust and think herself
She's the special one
But nothing else, just a quarry 2
So, the perfect match's done

Here they go again on a sinful bed Exploiting each other for a cheap sex Abusing love, burning morality Here this two stranger fucked their integrity

Burn in shameful lust!



